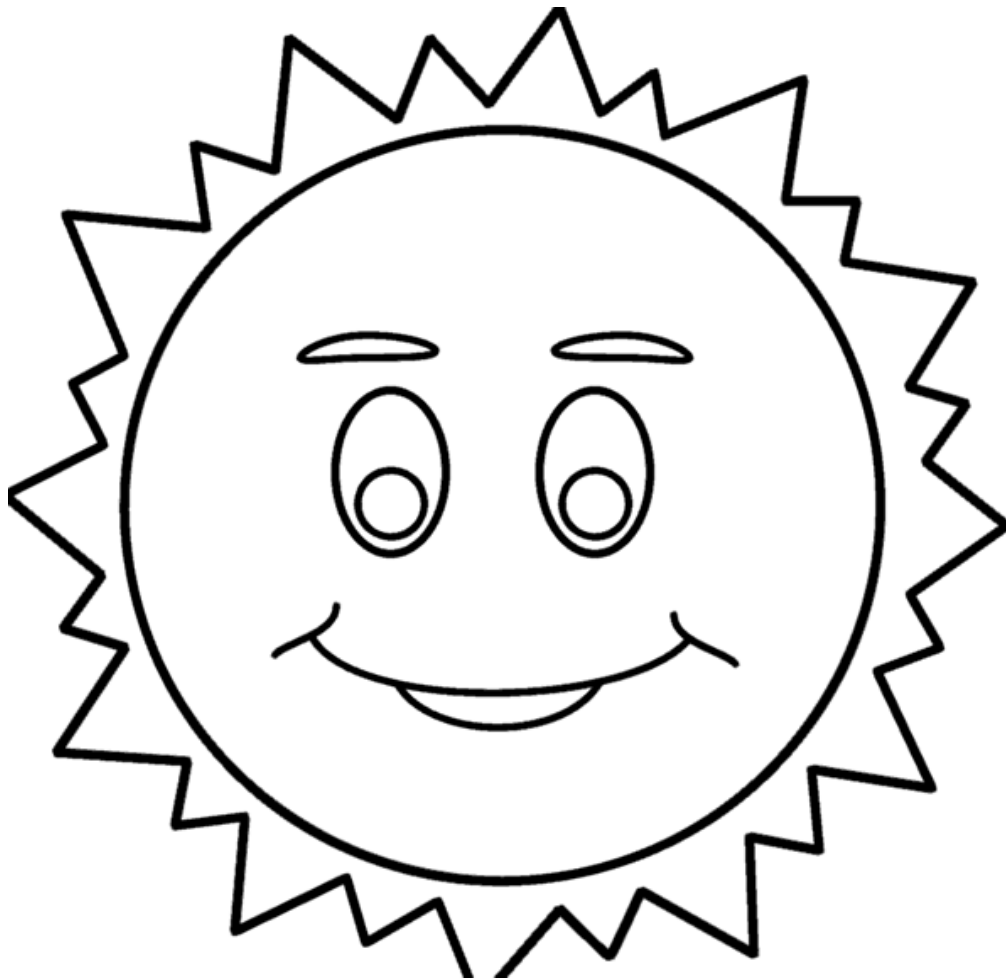




*My*

*Wellness Gratitude Journal*



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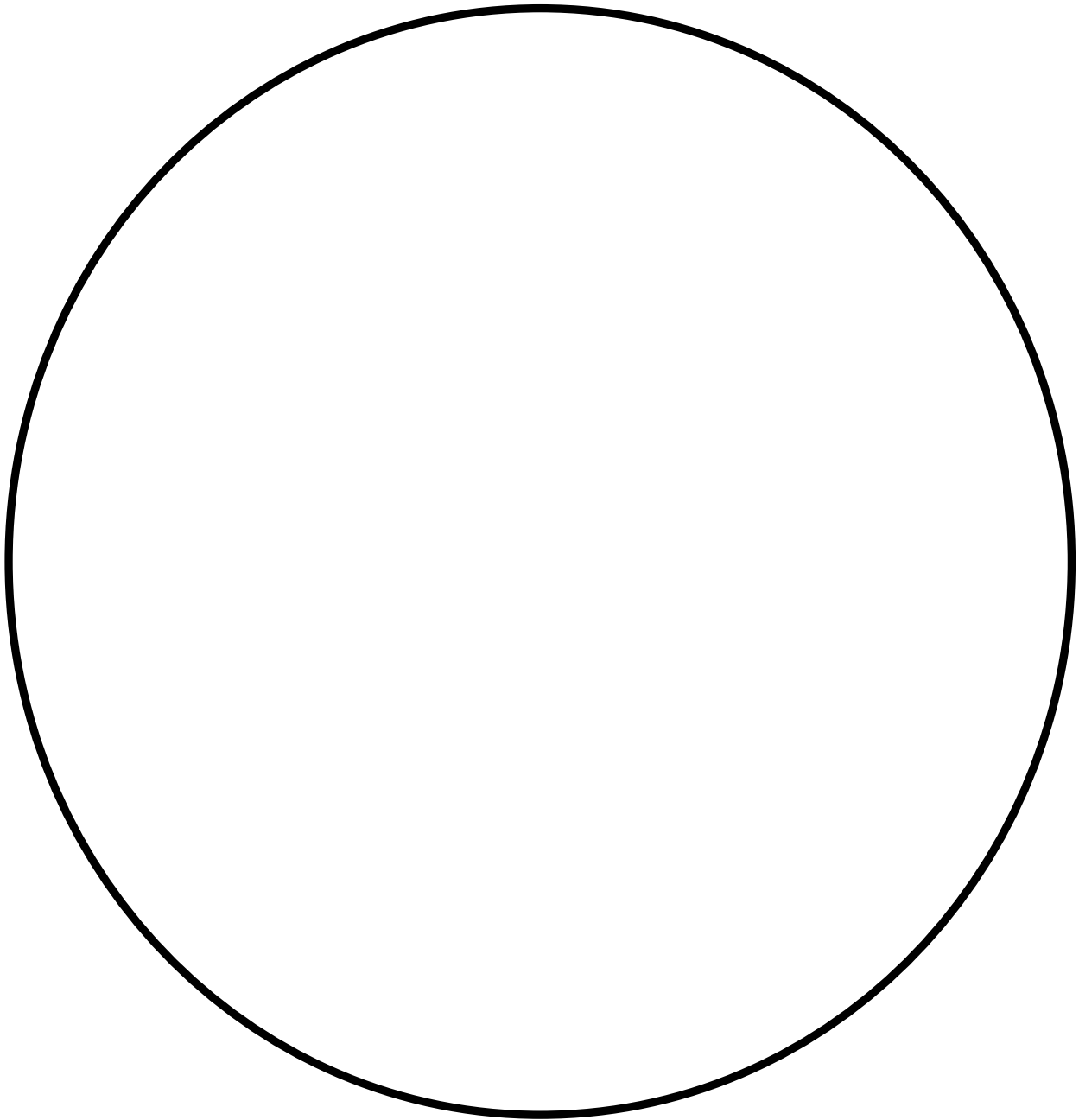
*Wellness Week 2020*

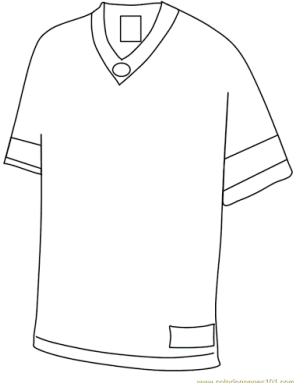


# Monday

*I am thankful for....*

Draw a picture in the space below of something you are thankful for today!



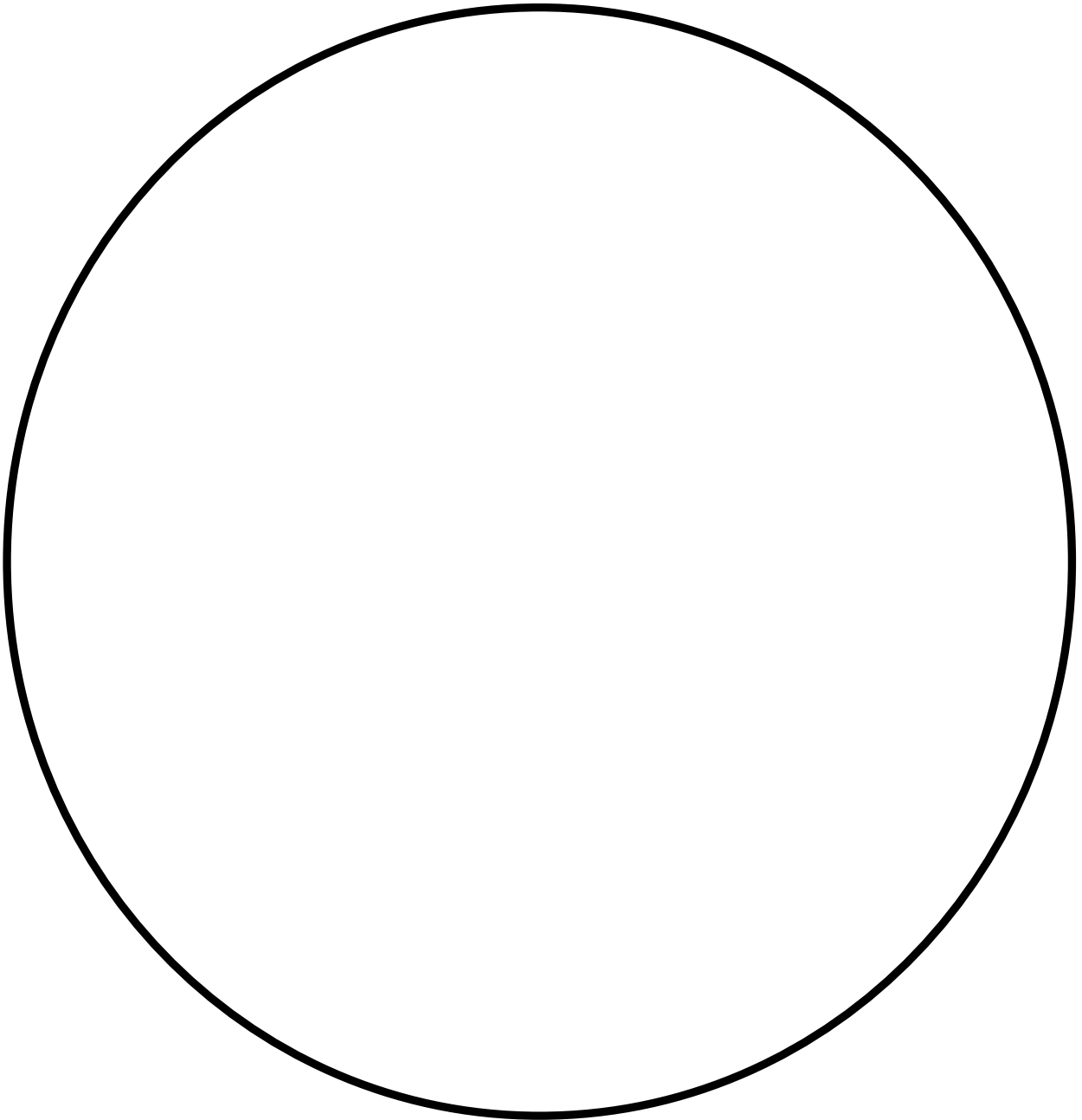


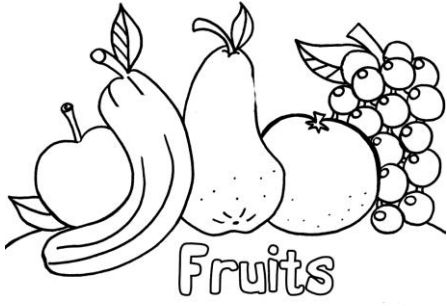
[www.craftpapers101.com](http://www.craftpapers101.com)

# Tuesday

*I am thankful for....*

**Draw a picture in the space below of something you are thankful for today!**

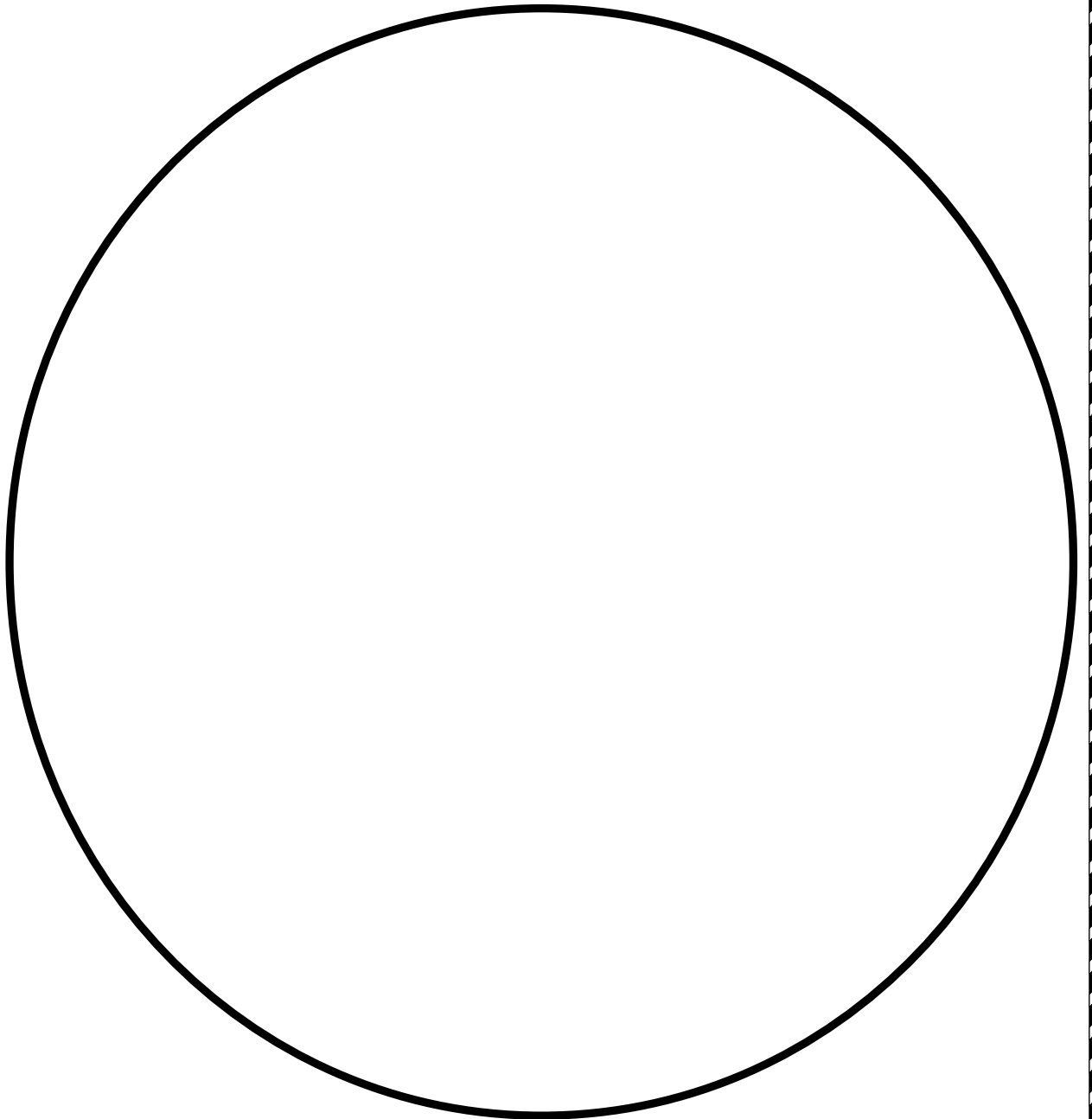


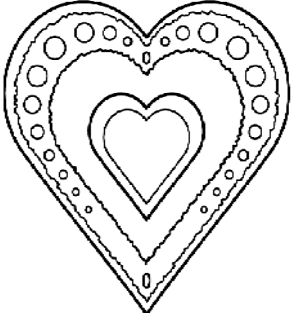


Wednesday

*I am thankful for....*

Draw a picture in the space below of something you are thankful for today!

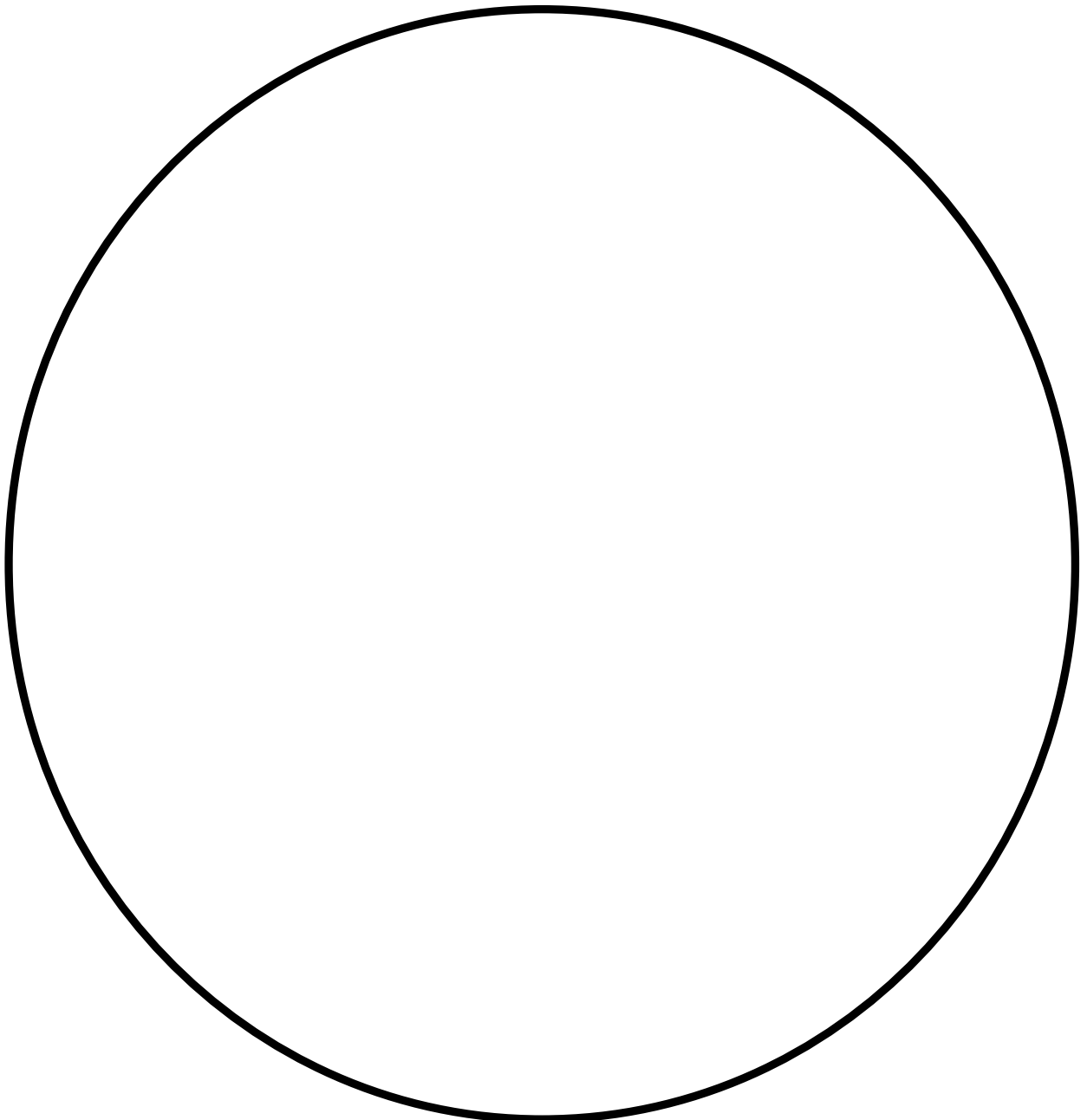




# Thursday

*I am thankful for....*

Draw a picture in the space below of something you are thankful for today!

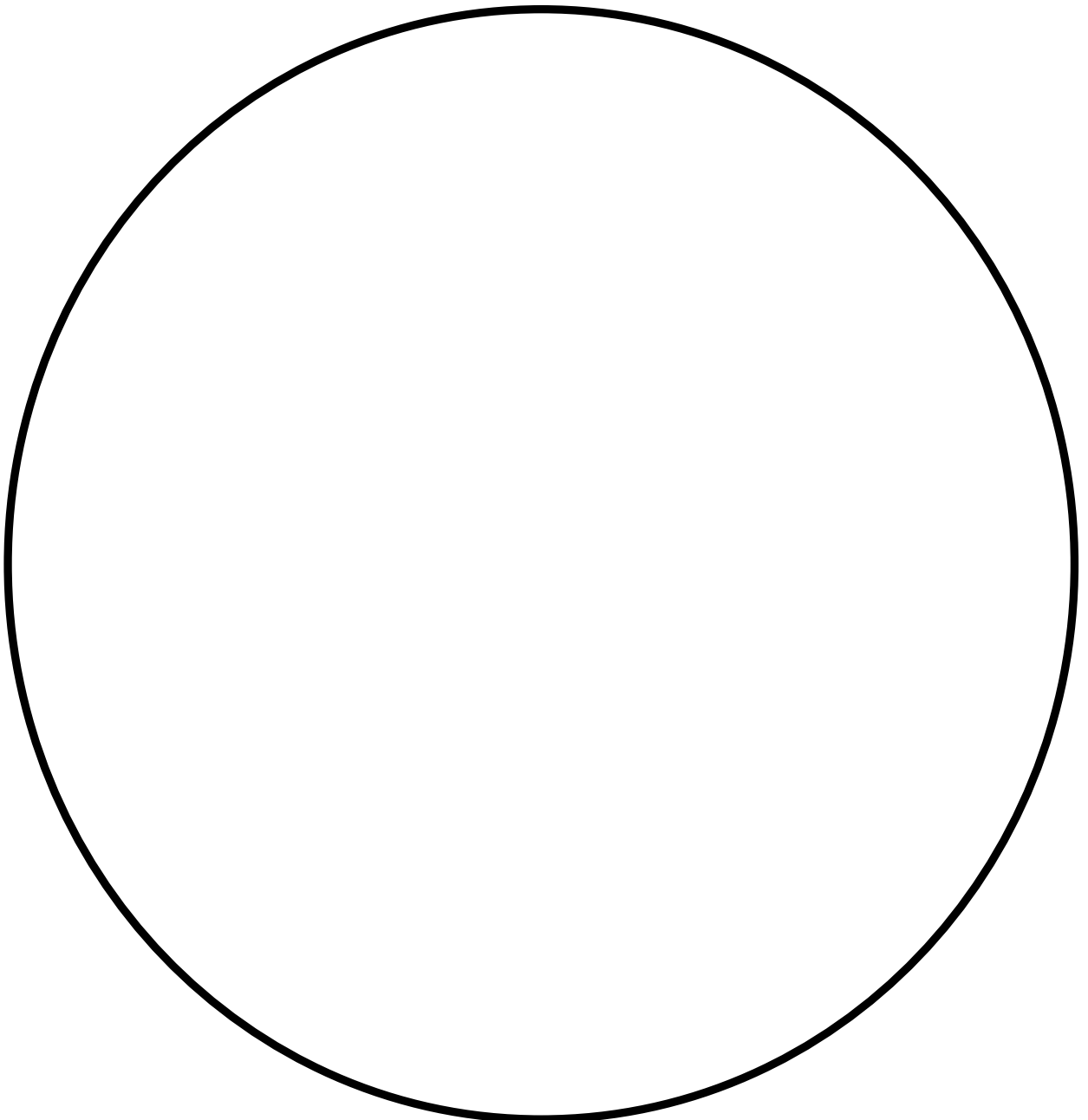




# Friday

*I am thankful for....*

Draw a picture in the space below of something you are thankful for today!



# Mindfulness Colouring

## Funky Unicorn



There's

no

PLACE

like

HOME

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